



Joanna Theodorou, DMD

EDUCATION

Certificate in Pediatric Dentistry

Nova Southeastern University, College of Dental Medicine

June 2021
Ft. Lauderdale, FL

Doctor of Dental Medicine (DMD)

Nova Southeastern University, College of Dental Medicine

May 2019
Ft. Lauderdale, FL

HONORS: Pediatric Dentistry

Special Needs Dentistry

Bachelor of Science in Biology

Nova Southeastern University

May 2015
Ft. Lauderdale, FL

MINOR: Business Administration

PEDIATRIC & SPECIAL NEEDS EXPERIENCE

Nova Southeastern University, College of Dental Medicine

July 2019 – June 2021

Joe DiMaggio Children's Hospital, Kids In Distress Clinic, Mailman Segal Center, Caridad, & Broward Health Southeast FL

- Pediatric Dentistry Resident: provided dental treatment for patients aged 0-21 including data collection, treatment planning, restorative, trauma, and interceptive orthodontics
- Provided dental treatment for neurotypical, special needs, and medically compromised patients under non-IV oral conscious sedation as well as under general anesthesia in the operating room
- Took emergency call for pediatric dentistry at the Memorial Health Care system hospitals (Regional, West, and Miramar) in South Florida
- Completed rotations in anesthesia, cranio-facial team, and naso-alveolar molding prosthetics for cleft lip and palate patients.
- In the process of completing a research study that evaluates patients oral health habits in regards to caregiver oral health literacy between neurotypical and special needs pediatric patients

LEADERSHIP EXPERIENCE

Give Kids a Smile: Director/Coordinator

May 2017 - May 2019

- Planned and organized Give Kids A Smile 2018, which provided free dental care for 252 patients ages 2-21 in the community
- Services provided included oral hygiene instructions, examinations, radiographs, prophylaxis, sealants, restorations, and extractions, with a total value of \$31,703.00
- Organized chairs and committees to plan recruitment, fundraising, decorating, and entertainment for the event
- Coordinated meetings with administration, public relations, and organizations in the community to orchestrate the event
- Invited inter-professional students including Optometry, Osteopathic medicine, and Pharmacy to provide services to the children in attendance
- Previous Positions include Coordinator in training/Secretary 2017, D1 Representative 2016 (ADA GKAS National Kick Off), Pre-Dental Volunteer 2012-2015

NSU Pediatric Dental Organization: President

April 2018 – May 2019

- Collaborated with other executive board members to manage club members and organize club meetings
- Arranged volunteer events such as health fairs where I organized hands on dental modules for children and their parents as well as teaching the importance of oral hygiene to the youth in our community
- Organized a school wide Christmas toy drive in December 2016 for the patients at Joe DiMaggio Children's Hospital where we provided gifts for the children in the cancer wing
- Previous positions include Secretary 2017, Community Service Chair 2016, D1 Representative 2015

Colgate Bright Smiles, Bright Futures: Mobile Dental Bus Coordinator

April 2016 – May 2019

- Communicated with Colgate bus employees to organize days where dental students can attend and assist with oral hygiene instructions and dental screenings to underserved children in Miami-Dade and Broward County
- Attended events at daycares as well as elementary, middle, and high schools to educate children about the importance of dental hygiene home care

NSU American Student Dental Association (ASDA): Pre-Dental Committee

April 2016 – May 2019

- Assisted with organizing Pre-Dental Weekend in July and Pre-Dental Day in October where undergraduate students get the opportunity to mingle with our faculty and students, received lectures on how to study for the DAT, what to put on your application, and a Q&A with a dental student from each year
- Developed simulation lab exercises such as taking impressions, pouring casts, using CAD/CAM, and restoring class I preparations

NSU Assistant Cheerleading Coach

May 2015 – December 2019

- Lead tri-weekly practices and bi-weekly strength and conditioning sessions to teach cheerleading and weight training techniques
- Attended staff meetings, team building exercises, recruiting days, and fundraising activities
- Choreographed game day performances and sideline routines, oversaw performances and sideline routines for men's and women's games, as well as coached the team to compete at NCA Nationals held in Daytona Beach, FL

INTERNATIONAL OUTREACH

Health Professions Division Jamaica Mission Trip

June 2017

Team Leader Assistant & Student Dentist

Kingston & St. Mary, Jamaica

- Worked alongside medical, optometry, pharmacy, nursing, physical therapy, and occupational therapy students to provide free dental care to the community of Kingston and St. Mary including extractions, restorative, and periodontal cleaning procedures to both children and adults in order to reestablish patient's oral health
- Educated patients on the importance of oral hygiene home care and provided patients with oral hygiene kits, which contained a toothbrush, tooth paste, and dental floss
- Assisted the team leader in organizing supplies, scheduling sterilization and restocking shifts, and pairing up second and third year dental students for treating patients

COMMUNITY INVOLVEMENT

Give Kids A Smile: Davie, FL

February 2020

- Volunteered as a resident at Nova Southeastern University: took, evaluated, and developed radiographs, screened and diagnosed patients for recommended treatment, placed sealants, and oversaw treatment provided by predoctoral students for children aged 2-21 that were provided free dental treatment.

Oral Cancer 5k Walk: Davie, FL

March 2018

- Raised almost \$11,000 to provide the necessary cancer treatment for a 16-year-old patient at our oral and maxillofacial surgery clinic and assisted in raising oral cancer awareness throughout our surrounding community

STEM Health Fair: Fort Lauderdale, FL

June 2017

- Worked with the librarians of the children's section at NSU's Alvin Sherman Library to organize a health fair for children and parents in the community
- Organized four modules for children to interact with, including learning the anatomy of teeth with play dough, how to correctly brush and floss, which foods are good and bad for patients teeth, and how to "count" their teeth
- Instructed students from the College of Optometry and Osteopathic Medicine to teach the attendees the importance of eye screenings, how to stay healthy, and hands on activities to demonstrate where the organs are within in the body

Baudhuin Pre-School: Fort Lauderdale, FL

November 2016

- Educated children on the importance of oral hygiene home care using hands on activities and demonstrated the proper techniques with other members of NSU's Autism Awareness Club

Family Health Carnival: Boca Raton, FL

August 2016

- Collaborated with NSU's Pediatric, AEGD, and Operative residents to screen children ages 5-18 at Village Academy Elementary School and provide prophylaxis treatment
- Demonstrated the correct home care techniques and taught the children and parents the importance of regular visits to the dentist

A Day for Children: Fort Lauderdale, FL

September 2015-Present

- Educated children and their parents on the importance of oral hygiene home care and demonstrated the correct techniques
- Informed parents of Nova Southeastern University's several pediatric clinics and handed out oral hygiene kits and small toys to the children

AWARDS, DISTINCTIONS, & PRIZES

AAPD Predoctoral Student Award

May 2019

- Received the award from the Department of Pediatric Dentistry for outstanding promise in the field of Pediatric Dentistry

Outstanding Case Presentation Award

March 2019

- Received the award from the Department of Diagnostic Sciences Division of Oral Medicine at NSU for an outstanding oral

pathology case presentation

PanSGA Professional Development Grant

February 2018

- Received the grant to attend the AAPD Annual Session in Honolulu, Hawaii

CERTIFICATIONS

Florida Dental License

Current

Basic Life Support (BLS) - American Heart Association

Current

Pediatric Advanced Life Support (PALS) - American Heart Association

Current

CAD/CAM, NSU

Current

Nitrous Oxide, NSU

Current

CITI Training Research

Current